

Fundamentals of Psychology

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أساسيات علم النفس
تأليف: مايكل آيسينك

ISOMETIMES WONDER WHAT THE BRITISH poet, Alexander Pope, had in mind when he famously improvised "Drink deep, or taste not the Pierian Spring: There shallow draughts intoxicate the brain, and drinking largely sobers us again". In our original sin of ignorance, what would be the magic formula to sober us again? Some would say that psychology is a field that is inherently endowed with this talent and that it is the only field of inquiry that leads us to introspective thinking which, in the present parlance, constitutes an important catalyst to sober us again from shallow draughts. By this do we mean the psycho-babble that often comes into our homes via Oprah Winfrey chat shows? No, I mean the volume entitled *Fundamental Psychology*. Yes, there are many books on this topic; some would say every Tom, Dick and Harry has churned out similar textbooks. Check out Amazon.com or any bookshop and you will find more psychobabble than books on any other topic. The shelves are filled with 'self-help' books or the success story of a businessman which, given today's economic recession, will utterly fail to entice us. In contrast by all standards, this volume, *Fundamentals of Psychology*, has all the essential ingredients to sober us again. Despite its huge size, multitude of images, and texts from self-quizzes to the eloquent summaries at the end of each of the 25 chapters, the book is easy to read and follow. The glossary and references as well as the author and subject indexes are meticulously arranged by the writer, Michael W. Eysenck, a renowned psychologist at the University of London, UK.

The volume is divided into seven interesting themes. In sync with the modern focus on

neurogenetic determinism, the first section deals with the biological basis of psychology which is preceded by a general introduction on the development of different scientific paradigms under the umbrella of psychology. As psychology is increasingly losing its central tenet of studying the 'soul', the second part of this volume focuses on cognitive psychology with an introduction and subsections on perception and human memory. In other words, the soul is alive and kicking but now it appears in scientific metaphor. If such cognitive psychology is too abstract for you, then please turn to the next section. Here you will find vivid scientific descriptions of mundane issues such as intelligence and personality. In case you prefer the scientific counterpart of Wordsworth's euphemism that "*The child is father to the man*", there is a section covering developmental psychology. This section features topics from cognitive development to the indispensable role of attachment. Then if you are a sentimental type liking John Donne's notion that 'No man is an island', you will be enticed by the section covering social psychology. Psychology cannot be complete unless there is a forum for pondering what constitutes the 'normal' and 'abnormal' repertoire of human behaviour. In favour of simplicity, yet without compromising the complexity of the issue, the topic of psychiatric nosology is therefore presented. The volume is completed by an introduction to research methods.

As the title suggests, the volume is meant to be an introduction to the science of psychology. The book will be appropriate for undergraduate programmes, either for psychology majors or minors, from business to decision-making sciences. Besides

Fundamentals Of Psychology

W.B. Pillsbury



Fundamentals Of Psychology:

Fundamentals of Psychology Michael Eysenck, 2014-08-07 Aimed at those new to the subject Fundamentals of Psychology is a clear and reader friendly textbook that will help students explore and understand the essentials of psychology This text offers a balanced and accurate representation of the discipline through a highly accessible synoptic approach which seamlessly brings together all the various related topics Fundamentals of Psychology combines an authoritative tone a huge range of psychological material and an informal analogy rich style The text expertly blends admirably up to date empirical research and real life examples and applications and is both readable and factually dense The book introduces all the main approaches to psychology including social developmental cognitive biological individual differences and abnormal psychology as well as psychological research methods However it also includes directions for more detailed and advanced study for the interested student Fundamentals of Psychology incorporates many helpful textbook features which will aid students and reinforce learning such as Key term definitions Extremely clear end of chapter summaries Annotated further reading sections Evaluations of significant research findings Numerous illustrations presented in attractive full color This textbook is also accompanied by a comprehensive program of resources for both students and instructors which is available free to qualifying adopters The resources include a web based Student Learning Program as well as chapter by chapter lecture slides and an interactive chapter by chapter multiple choice question test bank Combining exceptional content abundant pedagogical features and a lively full color design Fundamentals of Psychology is an essential resource for anyone new to the subject and more particularly those beginning undergraduate courses The book will also be ideal for students studying psychology within education nursing and other healthcare professions

Fundamentals of Psychology Michael S. Gazzaniga, 2013-09-11 Fundamentals of Psychology An Introduction focuses on issues that cut through the artificial boundaries commonly held in the study of behavior The book reviews the nature of the organism in terms of basic neurology including the neurological organization of the central nervous system and the general features of brain development The author also examines the normal course of development of the visual systems He discusses fixed patterns of behavior and the developmental processes that include emotional behavior self control language use perceptual and cognitive development The author then explains the use of statistical concept in psychological research as well as the psychological methods of inquiry that involves variable manipulation and observation of effects The author also discusses learning and motivation theory including the theories of Pavlov Skinner and Premack He discusses the organism as an information processor using short and long term memory and the mind as having physical aspects such as brain codes and a brain structure known as the corpus callosum This book is helpful for psychiatrists psychologists behavioral scientists students and professors in psychology

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