

# NUTRITION

## CHOKING & CPR

### FIRST AID

**A**ccidents can happen, anywhere, anytime. Knowing how to provide proper care can save a life. This aid can help you with calling emergency medical personnel (EMS) to performing most advanced procedures such as administering CPR. Guidelines in this chart are specific for "non-health care professionals".

#### STEP 1: SURVIVE THE SCENE

- If there is any kind of danger, call Emergency Medical Services (EMS) (911) first.
- Ensure the scene is safe for you and others.
- Look for things that may threaten your safety such as fire, electrical wires, or dangerous terrain.
- If you feel your safety is threatened, stay back and allow professionals to handle any dangerous situations.

#### STEP 2: CHECK FOR RESPONSIVENESS

- Gently tap visually and shout "Are you okay?"
- If the visually unresponsive, begin a Secondary Survey (see step 3).
- If the visually is conscious but appears to be choking, call EMS (911). If you can also do anything, follow the call carefully (don't leave) and begin the Primary Survey (see below).
- If the visually does not respond, and someone is with you, call EMS (911). If you can also do anything, follow the call carefully (don't leave) and begin the Primary Survey (see below).
- If you are alone and dealing with a child or infant, call EMS (911) first, then call back (911).

#### STEP 3: PRIMARY SURVEY

- The Primary Survey will help you to determine if any conditions threaten the casualty's life.
- Look for visually and/or feel for the back of the head and shoulders or only looking at the casualty's position (keep you from standing near the casualty).
- Support the head of the casualty on the side they are not facing.
- Roll the casualty forward only "then upward", as a single unit - do not flip.
- Support back of the casualty's head and neck.
- Once you have determined that the casualty is not breathing or only gasping and feels "faint" (does not move back fully, particularly if they are conscious).
- Remember: **CAB** circulation, airway, breathing.
- If the casualty is something visually, proceed to step 4a, 4b or 4c (Circulation, Breathing).

- If the person is not breathing or begins to vomit, place them into recovery position (see step 5).
- Once person is showing signs of an injury or illness, provide ongoing care until EMS arrives (911) or to a hospital.

#### STEP 3: PRIMARY SURVEY CONTS.

##### The CIRCULATION: Signs & Symptoms

###### CPR for Adults (18+ Years)

**Head & Neck Position:** (see Fig. 31)  
Place the back of your hand on the person's forehead to keep the head tilted back. Do not touch the person's face, eyes, or mouth. If the person is wearing a neck brace, do not remove it. If the person is wearing a cervical collar, do not remove it.



**Open Airway:** (see Fig. 32)

- Tilt the head back and lift the chin.
- Check for breathing. If you see or hear a normal breath, do not do anything to the airway. If you do not see or hear a normal breath, do the following:
- Look for chest rise and fall.
- Feel for air coming out of the mouth.
- If you do not see or hear a normal breath, do the following:

###### CPR for Children (1-17 Years)

**Head & Neck Position:** (see Fig. 33)  
Place the back of your hand on the person's forehead to keep the head tilted back. Do not touch the person's face, eyes, or mouth. If the person is wearing a neck brace, do not remove it. If the person is wearing a cervical collar, do not remove it.



**Open Airway:** (see Fig. 34)

- Tilt the head back and lift the chin.
- Check for breathing. If you see or hear a normal breath, do not do anything to the airway. If you do not see or hear a normal breath, do the following:
- Look for chest rise and fall.
- Feel for air coming out of the mouth.
- If you do not see or hear a normal breath, do the following:

###### CPR for Infants (Under 1 Year)

**Head & Neck Position:** (see Fig. 35)  
Place the back of your hand on the person's forehead to keep the head tilted back. Do not touch the person's face, eyes, or mouth. If the person is wearing a neck brace, do not remove it. If the person is wearing a cervical collar, do not remove it.



**Open Airway:** (see Fig. 36)

- Tilt the head back and lift the chin.
- Check for breathing. If you see or hear a normal breath, do not do anything to the airway. If you do not see or hear a normal breath, do the following:
- Look for chest rise and fall.
- Feel for air coming out of the mouth.
- If you do not see or hear a normal breath, do the following:

##### The BREATHING: Cover the Mouth

- If you are alone and dealing with a child or infant, call EMS (911) first, then call back (911).
- If you are alone and dealing with an adult, call EMS (911) first, then call back (911).
- If you are with someone, call EMS (911) first, then call back (911).
- If you are with someone, call EMS (911) first, then call back (911).



##### 4a. BREATHING: Cover 2 Full Breaths

If you are alone and dealing with a child or infant, call EMS (911) first, then call back (911). If you are alone and dealing with an adult, call EMS (911) first, then call back (911). If you are with someone, call EMS (911) first, then call back (911).



##### BREATHING: Cover 2 Full Breaths

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##### BREATHING: Cover 2 Full Breaths

- If you are alone and dealing with a child or infant, call EMS (911) first, then call back (911). If you are alone and dealing with an adult, call EMS (911) first, then call back (911). If you are with someone, call EMS (911) first, then call back (911).

# First Aid For Dogs The Essential Quick Reference Guide

**Tim Hawcroft**



## **First Aid For Dogs The Essential Quick Reference Guide:**

*Housing, Husbandry, and Welfare of the Dog*, 1997      **First Aid for Cats** Stefanie Schwartz, 2008-05-05 Do you know what to do if your cat breaks his leg How do you respond if your cat goes into shock or is suddenly choking What can you do to keep your cat safe Learn how to distinguish a minor affliction from a true emergency and how to address the situation Written by a veterinarian for the layman First Aid for Cats will help you handle an emergency with the best advice for your cat s health and safety This book contains detailed information on everything from how to assemble a first aid kit to how to give your cat CPR First Aid for Cats includes a cross referenced index in the back of the book for quick access to the problem at hand Informative illustrations and photographs simplify the application of successful first aid      Pet Business, 1997

First Aid for Cats Tim Hawcroft, 1994 The practical common sense approach to emergency care for cats found in this book will teach owners what to do before it is too late The section on first aid priorities puts at hand all readers need to know in order to properly evaluate an emergency Prevention as well as treatment of illness and injury is emphasized to enhance the well being of all cats      **Dogs: The Ultimate Care Guide** Matthew Hoffman, 2000-05-19 Thousands of expert tips

provide dog owners with the information they need to give their pet a good home and happy life      **Kitten Care & Training** Amy D. Shojai, 2008-05-05 An Owner s Guide to a Happy Healthy Pet is the series to turn to when you want a basic reference that s reliable up to date and complete These guides feature Expert authors plus renowned guest contributors on specialized topics Full color photos throughout Basic information on the breed species or topic Complete coverage of care health grooming training and more Tips and techniques to make life with a pet more rewarding      **The Publishers Weekly**, 1994

**First Aid for Dogs** Tim Hawcroft, 1994 Practical illustrated guide which covers approaching and handling an injured dog assessing a dog s condition basic techniques of first aid prevention and treatment of injuries and illness and when to call the vet Includes a table of specific treatment for poisons and an index The author is a veterinary surgeon      The Longhaired Cat Anna Sadler, 2008-05-05 At last a book for cat owners that emphasizes total care and companionship and addresses the special needs of longhaired cats The Longhaired Cat An Owner s Guide to a Happy Healthy Pet includes a description and beautiful color photo of each longhaired breed information on how and where to choose your cat sound advice on how to keep your cat healthy insight into your cat s behavior and much more The Longhaired Cat An Owner s Guide to a Happy Healthy Pet is full of easy to reference sidebars on everything from what to put in your cat s first aid kit to old world legends about cat history Whether you re a new cat owner with questions about bringing home your new pet or a long time cat lover facing new feline dilemmas this book will provide you with the answers you need      *Vertical File Service Catalog*, 1994

*New Books in the Veterinary Medicine Library* Ohio State University. Libraries. Veterinary Medicine Library, 1997

*Kiplinger's Personal Finance*, 1968-12 The most trustworthy source of information available today on savings and investments taxes money management home ownership and many other personal finance topics      *Agrindex*, 1995      The

Howell Book of Dog Care Tim Hawcroft,1995 A first rate practical guide to all aspects of dog ownership including choosing a suitable dog behavior training grooming and other general considerations as well as an alphabetical index of some 150 diseases and health problems with their causes symptoms treatments and prevention With some 250 color photographs Annotation copyrighted by Book News Inc Portland OR      **Australian Books in Print 1999** K G Saur Books,1999-04 Excellent coverage essential to worldwide bibliographic coverage American Reference Books Annual This comprehensive reference provides current finding ordering information on more than 123 000 in print books published in Australia You ll also find brief profiles of more than 12 000 publishers distributors whose titles are represented as well as information on trade associations local agents of overseas publishers literary awards more From Thorpe      **South African National Bibliography** ,1994      **Forthcoming Books** Rose Army,1998      Pawsitive Wellness Tishya Dalal,2025-10-15 Pawsitive Wellness A Friendly Guide to Pet Health Nutrition and Home Care is a warm practical companion for every pet parent who wants to keep their furry friend happy healthy and thriving Written by Tishya Dalal this guide blends real life experience expert insight and heartfelt stories to make pet wellness simple and approachable Inside you ll find easy tips on nutrition grooming emotional well being and preventive care all explained in plain language Whether you re a first time dog parent or a seasoned caretaker Pawsitive Wellness helps you understand your pet s body and mind so you can build stronger trust and lasting companionship Because caring for your pet shouldn t be complicated it should be pawsitively joyful      **First Aid For Birds** Julie Rach,Julie Rach Mancini,Gary A. Gallerstein,1998-11-27 At last a book for pet owners that focuses on administering first aid to birds You ll not only learn step by step information on emergency situations bird owners might encounter you ll also learn how to quickly save your bird s life by taking action and how to prevent emergencies by feeding your bird a balanced diet regularly trimming his wings and nails and bird proofing your home First Aid for Birds is written by an expert and includes instructions on monitoring your bird s health by regular veterinary visits and observing your bird daily for signs of illness Best of all the book is filled with color photos info packed sidebars and fun facts to make caring for your pet bird easy and enjoyable      **Dog Lover's Daily Companion** Wendy Nan Rees,Kristen Hampshire,2011-09 Here is a unique and inspiring handbook filled with 365 helpful tips easy to build projects practical advice and insight into the canine human relationship for all dog owners to use every day of the year

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