

2020 Def Rushing Stats Allowed						2019 Def Rushing Stats Allowed						YoY Improvement*					
Team	FPA/g	AM/g	Yds/g	YPC	TD	Team	FPA/g	AM/g	Yds/g	YPC	TD	Team	FPA/g	AM/g	Yds/g	YPC	TD
ARI	17.4	27.3	125.5	4.6	13.0	ARI	15.4	27.4	120.1	4.4	9.0	ARI	2.0	-0.2	5.4	0.2	4.0
ATL	16.1	23.8	104.9	4.4	15.0	ATL	16.0	26.3	110.9	4.2	13.0	ATL	0.1	-2.6	-6.0	0.2	2.0
BAL	15.8	23.9	108.8	4.6	13.0	BAL	13.8	21.3	93.4	4.4	12.0	BAL	1.9	2.6	15.4	0.2	1.0
BUFF	19.8	25.9	119.6	4.6	21.0	BUFF	14.8	24.3	103.1	4.2	12.0	BUFF	5.0	1.6	16.6	0.4	9.0
CAR	18.5	25.5	121.0	4.7	17.0	CAR	26.0	27.8	143.5	5.2	11.0	CAR	-7.5	-2.3	-22.5	-0.5	-14.0
CHI	15.5	27.4	113.4	4.1	11.0	CHI	16.2	25.9	102.0	3.9	16.0	CHI	-0.7	1.5	11.4	0.2	-5.0
CIN	19.7	28.9	148.2	5.1	13.0	CIN	21.3	31.5	148.9	4.7	17.0	CIN	-1.6	-2.6	-0.7	0.4	-4.0
CLE	17.1	25.8	110.8	4.3	16.0	CLE	21.6	28.9	144.7	5.0	19.0	CLE	-4.5	-3.2	-33.9	-0.7	-1.0
DAL	23.4	31.9	158.8	5.0	20.0	DAL	15.6	25.4	103.5	4.1	14.0	DAL	7.8	6.4	55.3	0.9	6.0
DEN	21.3	27.1	130.0	4.8	22.0	DEN	14.5	26.6	111.4	4.2	9.0	DEN	6.7	0.5	18.6	0.6	13.0
DET	23.6	30.4	134.9	4.4	27.0	DET	16.5	28.4	115.9	4.1	13.0	DET	7.1	2.0	18.9	0.3	14.0
GB	17.3	24.8	112.8	4.5	16.0	GB	17.6	25.7	120.1	4.7	15.0	GB	-0.4	-0.9	-7.3	-0.2	1.0
HOU	25.0	30.8	160.3	5.2	24.0	HOU	16.6	25.2	121.1	4.8	12.0	HOU	8.4	5.6	39.2	0.4	12.0
IND	15.1	24.4	90.5	3.7	16.0	IND	12.8	23.9	97.9	4.1	8.0	IND	2.3	0.4	-7.4	-0.4	8.0
JAX	24.0	32.3	153.3	4.7	23.0	JAX	22.6	27.2	139.3	5.1	23.0	JAX	1.4	5.1	13.9	-0.4	0.0
KC	17.5	27.1	122.1	4.5	14.0	KC	18.1	26.0	128.2	4.9	14.0	KC	-0.6	1.1	-6.1	-0.4	0.0
LAC	18.4	26.7	119.8	4.5	17.0	LAC	16.9	26.8	112.8	4.2	15.0	LAC	1.5	-0.1	7.0	0.3	2.0
LAR	13.6	24.3	91.3	3.8	12.0	LAR	16.9	27.8	113.1	4.1	15.0	LAR	-3.3	-3.5	-21.8	-0.3	-3.0
LV	21.6	27.4	125.8	4.6	24.0	LV	15.4	25.3	98.1	3.9	15.0	LV	6.1	2.1	27.7	0.7	9.0
MIA	18.0	25.8	116.4	4.5	17.0	MIA	19.2	30.3	135.4	4.5	15.0	MIA	-1.2	-4.6	-19.0	0.0	2.0
MIN	20.6	29.5	134.4	4.6	19.0	MIN	13.8	25.3	108.0	4.3	8.0	MIN	6.8	4.3	26.4	0.3	11.0
NYJ	19.5	29.0	131.4	4.5	17.0	NYJ	12.2	22.8	95.5	4.2	7.0	NYJ	7.3	6.2	35.9	0.3	10.0
NO	13.5	24.4	93.9	3.9	11.0	NO	13.6	21.6	91.3	4.2	12.0	NO	-0.1	2.8	2.6	-0.3	-1.0
NYG	16.4	27.0	111.4	4.1	14.0	NYG	18.5	29.3	113.3	3.9	19.0	NYG	-2.1	-2.3	-1.9	0.2	-5.0
NYI	17.2	27.8	112.0	4.0	16.0	NYI	13.2	26.1	86.9	3.3	12.0	NYI	4.0	1.8	25.1	0.7	4.0
PHI	20.1	30.1	125.8	4.2	20.0	PHI	13.9	22.1	90.1	4.1	13.0	PHI	6.2	8.0	35.6	0.1	7.0
PIT	16.0	25.9	111.4	4.3	13.0	PIT	13.6	28.9	109.6	3.8	7.0	PIT	2.4	-3.0	1.9	0.5	6.0
SEA	16.3	24.5	95.6	3.9	18.0	SEA	20.0	24.3	117.7	4.9	22.0	SEA	-3.7	0.3	-22.1	-1.0	-4.0
SF	15.1	26.9	106.4	4.0	12.0	SF	15.4	25.1	112.6	4.5	11.0	SF	-0.2	1.8	-6.2	-0.5	1.0
TB	11.8	22.4	80.6	3.6	10.0	TB	11.5	22.6	73.8	3.3	11.0	TB	0.3	-0.3	6.8	0.3	-1.0
TEN	18.8	26.7	120.8	4.5	18.0	TEN	15.7	25.9	104.5	4.0	14.0	TEN	3.1	0.8	16.3	0.5	4.0
WAS	16.5	26.8	112.8	4.2	14.0	WAS	19.9	30.8	146.2	4.7	14.0	WAS	-3.3	-4.1	-33.4	-0.5	0.0
AVG	24.8	26.9	118.9	4.4	16.7	AVG	22.8	26.1	112.9	4.3	14.0	AVG	1.6	0.8	6.0	0.1	2.7

\*A negative number indicates the defense got better against that stat.

# Nfl Schedule Advanced

**Neil Randall, Celine Latulipe**

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the authors' names.

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 first have a white belt then a blue belt after that the

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becoming a purple belt is a serious thing nowadays bjj is spread so much that plenty of people make it to the blue belt in fact  
 i d even go as far as saying that the bar for most belts and especially the blue belt has been brought quite a bit lower than a  
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