

A Surgeon's Guide to
NECK AND BACK PAIN
and How to Choose Your Treatment

DO YOU
really need
BACK
SURGERY
?

AARON G. FILLER, MD, PHD, FRCS (SN)

SECOND EDITION

Do You Really Need Back Surgery Do You Really Need Back Surgery

Shasha Hu



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Do You Really Need Back Surgery? Aaron G. Filler, 2013-02-07 This new edition of Do You Really Need Back Surgery provides a wide range of information for back and neck pain sufferers ranging from Pilates to Pedicle Screws It is written by a world famous neurosurgical spine expert who is also a widely published author and contains answers to questions that your doctors often don't have time to discuss It is an essential manual for every neck or back pain sufferer Do You Really Need Back Surgery? Aaron G. Filler M.D., 2004-07-15 Most people have back surgery to relieve pain but all too often it doesn't help For the half million people who undergo back surgery each year and the additional million who are seriously contemplating it Do You Really Need Back Surgery is a godsend an informed reliable guide to when you should consider surgery and when you should not Written by an internationally recognized expert in nerve and spinal surgery this highly readable guide covers everything back patients need to know to make informed decisions about their treatment The book discusses the details of spinal anatomy the difference between acute chronic and recurring pain shows how to keep the spine healthy and explains such terms as spurs stenosis and slippage It also reveals what clues your physician uses to predict whether a given type of pain is likely to go away with rest and exercise and which types may become emergencies Dr Filler discusses the risks of surgery the decisions you may be faced with and what options you have and your expectations for recovery He provides detailed explanations of the wide array of spinal injections and surgeries including discectomies and fusions as well as innovative procedures such as electrothermic and laser techniques and artificial disks He explains the various medical imaging and diagnostic tests available and even covers the complexities of health insurance From Pilates to pedicle screws and from osteoporosis to spina bifida Do You Really Need Back Surgery covers all the questions your doctor usually doesn't have the time to answer Featuring more than 80 illustrations it is an essential manual for every neck or back pain sufferer

Do You Really Need Spine Surgery? David Hanscom MD, 2019-10-29 Deciding whether to undergo spine surgery is one of the most important choices you will ever make Author and spine surgeon Dr David Hanscom has observed that in this era of corporate medicine surgical decisions are often made quickly without a complete evaluation or attempt at non surgical rehabilitation before proceeding The result The majority of spine operations are unnecessary and many surgeries are performed on spines with normal age related conditions When performed for a specific anatomical problem with matching symptoms the outcomes are consistently satisfying Conversely when surgery is conducted to address pain without a clear source the consequences can be unpredictable with a high percent of patients faring poorly or becoming much worse catastrophic A failed spinal surgery can virtually destroy one's life Additionally when a patient's nervous system is fired up from stress results are often poor A common cry from patients is If I only knew how badly this could turn out I would have never had this surgery The depth of frustration at making the wrong decision is beyond words because there is no turning back If you are facing a decision about spine surgery Do You Really Need Spine Surgery provides you and your medical

providers important information to help make the best choice All relevant variables are addressed and organized into a treatment grid With this grid you and your health care team can determine the most effective approach and course of action with full consideration to the potential downside of a failed spinal surgery Do You Really Need Spine Surgery gives back control of the surgical decision to you the patient Take it *Magill's Medical Guide* Anne Chang,2008 Covers diseases disorders treatments procedures specialties anatomy biology and issues in an A Z format with sidebars addressing recent developments in medicine and concise information boxes for all diseases and disorders California. Court of Appeal (2nd Appellate District). Records and Briefs California (State)., Number of Exhibits 13 *Cassette Books* Library of Congress. National Library Service for the Blind and Physically Handicapped,2006 **Munsey's Magazine** ,1921 **Norfolk and Western Magazine** Norfolk and Western Railway Company,1955 *California. Court of Appeal (4th Appellate District). Division 1. Records and Briefs* California (State)., **The China Medical Journal** ,1915 Transactions of the Section on Hospitals of the American Medical Association American Medical Association. Section on Hospitals,1912 **The People's Home Journal** ,1903 *Martin v. Ford Motor Company*, 401 MICH 607 (1977) ,1977 57735 *The Dental Surgeon* ,1917 **The Nation and Athenaeum** ,1922 **The Fortnightly** ,1887 **British Medical Journal** ,1921 **Letters of Dr. John Brown** John Brown,1907 *Harper's New Monthly Magazine* ,1877 **Records & Briefs New York State Appellate Division** ,

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